

Sexual Health

The Practice offers contraception and sexual health appointments throughout the week. If it is an URGENT problem such as the need for a coil for emergency contraception, the Receptionist will bring the call directly to the attention of the specialist nurse or doctor.

Confidentiality – The issue of confidentiality is particularly important for patients who consult about sexual health issues. All our staff receive extra confidentiality training to reflect our concerns about this most important matter.

Protocol:

- Requests for appointments for emergency contraception should be dealt with that day and face to face consultations provided whenever possible.
- Consultation for advice about termination of pregnancy should be available within a few days
- Routine requests for contraceptive appointments should consider expiry dates of devices and whether the patient has adequate supplies of pills to ensure continuity of contraception.
- Reception staff should be aware of safeguarding issues when dealing with young people and vulnerable adults.

Services offered:

- Contraception
 - Coil insertions/ removals
 - Implants insertion/ removals
 - Emergency coil insertions
 - Pregnancy counselling – referral on to neutral agencies and agencies specialising in support to continue with a pregnancy
 - Teenage pregnancy
 - Termination of pregnancy – NHS referrals and private services

- General male and female genital health including basic information on normal human sexual response e.g nocturnal emissions
- Sexually transmitted infections – Chlamydia, gonorrhoea, trichomonas etc.
- Candida and bacterial vaginosis
- HIV issues – testing, counselling, treatment and care services
- Female genital mutilation
- Circumcision for men

- Cervical Smears
- Advice and counselling on cervical cancer and colposcopy
- Advice and counselling on prostate cancer
- Treatment for cystitis

- Menopause issues
- Gay sexual health issues
- Sexual Health issues for those with Disability
- Sexual Problems

- Medical treatment for erectile dysfunction including Viagra and referral on for prostheses
- Counselling and advice for psychosexual difficulties – erectile dysfunction, vaginal dysfunction, sexual aversion, loss of libido
- An open ear for support with rape, sexual violence and sexual abuse – all ages and genders
- Counselling and support with sexual identity including gender dysphoria

Organisations Providing Sexual Health Support – these are available via the Umbrella website www.umbrellahealth.co.uk

<https://www.yoursexualhealthmatters.org.uk/clinic-finder/list-of-all-clinics>

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